

# Campus Wellness Team FAQ's

Question:	Answer:
Q: What does CWT stand for?	A: Campus Wellness Team
Q: What is the purpose of the CWT?	A: To coordinate school health initiatives and set goals and to make sure these goals are met.
Q: Who are the required members of CWT?	A: Administrator, Nutrition Services, PE teacher, and a classroom teacher.
Q: Who are some optional members we could invite to be on our CWT?	A: School nurse, counselor, additional classroom teachers, parent volunteer, PTO/PTA member, and a community member.
Q: Why should we invite a parent to be on our CWT?	A: A parent's opinion and insight will help create a well rounded and coordinated team.
Q: What are some CWT best practices?	A: Meet regularly (monthly, quarterly), use <a href="http://CATCH.org">CATCH.org</a> , implement CSH components and make sure everyone knows what their responsibility is and follow up on those assignments. This is a team effort not a "one man show."
Q: How do I engage teachers without adding one more thing to their schedule?	A: The GCCISD CSH Component breakdown provides your teachers with ideas for each 6 weeks. The task list provides ready to use resources for each focus.

<p>Q: Will these files be available online?</p>	<p>A: Yes, they will be sent electronically to the CWT Champion on your campus each 6 weeks. They will also be available on the shared google drive website under CSH Resources.</p>
<p>Q: Where do I locate the CHAC resources?</p>	<p>A: From the GCCISD home page, click on 'Community' and click 'Whole Child Initiative'. Next, click on 'Coordinated School Health' banner. Click on 'Campus Wellness Team' there is a link to the CSH document under Resources.</p>
<p>Q: Who do I contact if I have questions about Coordinated School Health/CWT?</p>	<p>A: Amanda Kennington amanda.kennington@gccisd.net</p>
<p>Q: Will the resource links be updated?</p>	<p>A: We will update the resource links each grading period.</p>
<p>Q: Some links appeared to be broken have these been fixed?</p>	<p>A: Each computer has different firewalls. If the path to a hyperlink appears to be broken, it is more than likely the firewall blocking it. To fix this, copy and paste the link into your browser and hit enter.</p>
<p>Q: Who is responsible for making sure these resources are being used on our campus?</p>	<p>A: The CWT Champion is responsible for providing your campus with these resources. The CWT will decide how to use it.</p>
<p>Q: What is CSH?</p>	<p>A: Coordinated School Health is an eight-component model designed to promote health and learning in schools.</p>

	<p>*This approach is being phased out in favor of the new WSCC model.</p>
<p>Q: What is WSCC?</p>	<p>A: The Whole School, Whole Community, Whole Child, or WSCC model, is CDC's framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices. The WSCC model has 10 components.</p>
<p>Q: What is the School Health Index (SHI) and where do I find out more information?</p>	<p>A: The SHI is a self-assessment and planning guide provided by the CDC for schools to use to improve their health and safety policies and programs. It is part of the Campus Wellness Policy Implementation Accountability. <a href="http://www.cdc.gov/healthyyouth/SHI/index.htm">http://www.cdc.gov/healthyyouth/SHI/index.htm</a> This year the Healthy Schools Program's SHI tool. will be used by your CWT to evaluate Wellness Policy Implementation Results. <a href="https://www.healthiergeneration.org/">https://www.healthiergeneration.org/</a></p>
<p>Q: Where do I find our Wellness Policy?</p>	<p>A: The Wellness Policy can be found on the district website under 'Whole Child Initiatives' tab.</p>
<p>Q: Who do I contact if I have questions about Child Nutrition Services and our Cafeteria?</p>	<p>A: The cafeteria manager on your campus, or Joslyn Carstensen</p>

	<a href="mailto:joslyn.carstensen@gccisd.net">joslyn.carstensen@gccisd.net</a> our district dietitian.
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If you have further questions or need help with your CWT you can contact:

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